INSTRUCTIONS FOR AUTHORS

The University of New Mexico Orthopaedics Research Journal (UNMORJ) is a peer-reviewed publication of The University of New Mexico Department of Orthopaedics & Rehabilitation. UNMORJ highlights original research relevant to orthopaedic-focused surgery and engineering. Manuscripts will be warmly received from faculty, fellows, residents, students, staff, alumni, and external colleagues.

General Policies
Articles are accepted for exclusive publication in UNMORJ. Previously published articles are not accepted; however, a summary of ongoing research is eligible for submission. Additional requirements include the following:

1. Authors warrant that their submission to the journal is an original work.
2. All reports of prospective clinical trials submitted for consideration for publication must have been registered in a public trial registry (eg, clinicaltrials.org).
3. All manuscripts describing a study with human subjects must include a statement that the subjects provided informed consent for their participation and that the study was approved by an institutional review board.
4. All manuscripts describing a study in animals must include a statement that the study was approved by an institutional animal use committee.
5. All submissions adhere to the criteria for authorship of the International Committee of Medical Journal Editors (ICMJE; http://goo.gl/1kNg91).
6. UNMORJ does not require authors of articles published in the journal to assign copyright to the journal; copyright is retained by the authors.

Manuscripts for consideration in the 7th volume of UNMORJ must be submitted to UNMORJ@salud.unm.edu by January 7, 2018. Please contact Sahar Freedman, Copy Editor (SaharF@salud.unm.edu) with questions.

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Double-Blind Review and Submission Documents

*UNMORJ* uses a double-blind review in that both the reviewer and author remain anonymous to each other. Thus, the manuscript must not contain “identifying” information (e.g., author names or affiliations). The following parts must be attached as separate documents upon submission to UNMORJ@salud.unm.edu:

1. Title page, including full author details.
2. Blinded Manuscript, including the abstract, body, references, and figure legends.
3. Tables, each uploaded as a separate Microsoft Word document.
4. Figures, each uploaded as a separately saved file.

**General Formatting**

Title pages and blinded manuscripts must be submitted as Microsoft Word documents. Use Times New Roman, 12-point typeface and double spacing (including in the references list and tables). Use 1-inch margins on the top, bottom, and sides of each page. Do not justify the right-hand margin; use “ragged right.” Number all pages continuously in the upper right-hand corner (e.g., beginning with the abstract in the manuscript). Use continuous line numbering. *UNMORJ* follows the style, format, and usage guidelines described in the *AMA Manual of Style* (10th edition).

**Title Page**

Titles should be concise, specific, and informative; do not use abbreviations. The title page is saved as a separate file from the blinded manuscript.

The title page should also include the following information:

1. The authors’ full names; highest academic degrees; and affiliations at the time of research and, if since changed, at the time of submission.
2. The name and address of the corresponding author, including a telephone number and email address.
3. Any sources of funding for the study. If none, state none.
4. Any conflicts of interest of each author. If none, state none.
5. If your study involves humans or animals, the approval status and associated number from an institutional review board.
6. If you are submitting a Case Report, any informed consent from patients (verbal or otherwise).
7. Any acknowledgements, including to statisticians; laboratory technicians; physicians who contributed patient data but were not involved in the study design or manuscript preparation; administrators who secured research funding; and individuals who provided writing or editorial assistance.
Blinded Manuscript

UNMORJ considers the following types of original articles: reviews, clinical and basic science studies (ie, scientific articles), education articles, new technology pilot studies, technical notes, case reports (including case series), and reflections. Define abbreviations at first mention. Use generic names for drugs and SI units for measurements. Noted word limits exclude the Abstract, References, Tables, and Figure Legends.

Abstracts
The abstract is placed on the first page. Abstracts of scientific articles, reviews, and education articles are limited to 250 words; abstracts of new technology, pilot studies, technical notes, and case reports are limited to 150 words. Scientific articles and educational articles require a structured abstract of Background, Methods, Results, and Conclusions. All other types do not require structured abstracts.

Reviews
The maximum length of a review is 3200 words, which is limited to 40 references. The headings used depend on the topic.

Scientific Articles
Scientific articles are limited to 2500 words, with the text organized by Introduction, Methods, Results, and Discussion. Include a paragraph on study limitations in the discussion section. No more than 25 references should be cited.

Education Articles
Education articles describe a full investigation that aims to improve quality standards related to orthopaedic learning and instruction. These are limited to 2500 words, with the text organized under the same headings as done in scientific articles (Introduction, Methods, Results, Discussion). No more than 25 references should be cited.

New Technology
Papers that describe the completion or ongoing development of a new technology are limited to 2500 words, with the text organized by Introduction, Design, Experiment, Conclusion. No more than 25 references should be cited.

Pilot Studies
Pilot studies detail the progress of an ongoing investigation. These are limited to 2500 words, organized under the following headings: Introduction, Progress, Future Goals, and Discussion. No more than 25 references should be cited.

Technical Notes
Technical notes describe a modification of, or a helpful “tip” for, a documented procedure. These are limited to 1200 words, with the text organized under the following headings: Introduction, Technique, and Discussion. Technical notes should not contain an extensive review of the literature; the maximum number of references is 15.
Case Reports
Case reports should be 1200 words or less and are organized by Introduction, Case Report(s), and Discussion. Case reports should not contain an extensive review of the literature; the maximum number of references is 15.

Reflections
Limited to 1000 words, excluding the reference list, reflections can include opinion essays and thoughts on orthopaedic-related topics. Abstracts, acknowledgments, structured headings, tables, figures, and references are not enforced but are accepted.

References
All references must be cited in the text of a manuscript, in the order of their mention in the text, by using a superscript number. The reference list should not be alphabetized. “Personal communications” cannot be included on the list of references.

This list begins on a new page after the manuscript’s main text. Use the *AMA Manual of Style* (10th ed) to format all references. Names of all authors of each reference should be provided unless there are more than six, in which case the names of only the first three are given, followed by “et al.” Examples of *UNMORJ* reference style are shown below:

**Journal article**

**Book chapter**

**Entire book**
Graphic Elements (Tables and Figures)
Tables and figures should complement, not duplicate, the text of a paper. Neither the tables nor the figures are embedded within the text of the manuscript: the tables are placed after the references in the Word file, whereas the figures are submitted separately as graphic files.

Tables
Each table is placed in a separate Word document labeled as Table 1, Table 2, Table 3, etc. Use the Word table function, not PowerPoint or a spreadsheet, to compose tables. Each table must be numbered (Arabic numerals) and have a title at the top.

Figure Legends
All figure legends must be placed together, in the order of their citation in the text, on the last page of the Word document containing the text. The figure legends should not be placed on the figures themselves. All figures must be numbered (Arabic numerals). Figures can have more than one part (for example, Figure 1A, Figure 1B, etc).

Figures
Figures must be submitted in EPS, TIFF, PPT, or JPEG format, with a minimum of 300 dpi. Attach each figure as an individual file. For example, a figure containing parts 1A, 1B, and 1C should be saved separately under file names of “Figure 1A”; “Figure 1B”; and “Figure 1C.”

Magnification, internal scale markers, and stains must be included on the figures when appropriate. Make sure that any information that could be used to identify a patient has been removed from photographs or other images.