Save the Date
May 22, 2020

A University of New Mexico Research Lecture Series with —

Suzy L. Cornbleet, PT, DPT

Suzy L. Cornbleet, PT, DPT, is an Associate Professor of Physical Therapy and Orthopaedic Medicine for the Program in Physical Therapy at the Washington University School of Medicine in St. Louis, MO. Her current clinical interests are in pediatric and adolescent hip and low back pain, as well as general outpatient orthopedics, and she serves as mentor in the clinical practice at the Washington University School of Medicine PT Clinic. She has been instrumental in the development of Washington University’s Fellowship in the Diagnosis and Management of Movement Impairment Syndromes and acts as a primary mentor. Suzy received her Bachelor of Science in Physical Therapy from the University of Colorado and both her Master of Arts in Education and her Clinical Doctorate in Physical Therapy from Washington University.

The University of New Mexico Division of Physical Therapy is pleased to announce our 6th Annual Research Lecture Series.

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This lecture series will be offered in conjunction with the DPT Class of 2020 Capstone Poster Presentations.

❖ View posters on current evidence based practice
❖ Attend an outstanding lecture on Becoming a Movement System Expert
❖ Earn CEUs (.3 application pending) while enjoying an evening with your colleagues and peers
❖ Network and meet our upcoming DPT graduates and enjoy dinner and dessert with the faculty and students
❖ Potential to win a raffle by viewing posters

Becoming a Movement System Expert: What Does That Really Mean?

In 2013, the APTA adopted the current vision that PTs are Movement System Experts, that we will “transform society by optimizing movement to improve the human experience”. To be true doctoring professionals, we need to be identified by “what we know” and “what we can figure out”, not by “what we do”. This 3-hour session will highlight important principles and concepts needed for all PTs - in any area of practice - to become experts in the Movement System. One of the most critical aspects of becoming an expert is to consistently perform a systematic movement exam. The purpose of this exam is to identify a pattern of faulty movement that can be seen through clinical tests in a variety of positions and during functional activities. This system fits in well with the ICF model, as the impairments noted in the clinical examination are part of Body Structure and Function. Additionally, a major focus of the system is examining and treating at the Activity level, to assess consistent patterns of movement impairments seen during function. Contextual issues, particularly personal factors such as physical attributes and motivational/psychosocial considerations, also play a huge part in understanding contributing factors that impact the Movement System diagnosis. Examples of Movement System impairment diagnoses will be illustrated through mini case presentations.

Evening Overview:

4:00-4:30 Registration; pick up handouts and raffle ballot (Domenici North Lobby)
4:30-5:30 Lecture 1: Introduction to Concepts and Principles of Movement System Impairments
5:30-6:00 Reception and Student Poster Viewing
6:00-7:00 Lecture 2: Applying concepts to Musculoskeletal Cases
7:00-7:30 Dessert and Student Poster viewing
7:30-8:30 Lecture 3: Applying concepts to Neuromuscular case
8:30-8:45 Evaluation & distribution of CEUs

Location:
Domenici Center for Health Sciences Education
1001 Stanford Ave NE
Free Parking available in “M” lot adjacent to Domenici Center
Date: Friday, May 22, 2020
4:00-8:45 p.m.
.3CEUs (application pending)