We offer FREE physical therapy evaluations, treatment, and education.

Patients will be evaluated by UNM DPT students, overseen by a licensed UNM PT faculty member.

You will receive a PT evaluation with home exercise program prescription/ modification and patient education.

Possibility of 2-4 follow-up visits, depending on need & availability.

Thursday evenings
5:30- 6:15 PM or 6:30-7:15 PM
October through April only

ExplorAbilities,
5006 Copper NE, ABQ, NM 87108
Please call: (505) 750-8307
Our Goal

To provide high-quality physical therapy services for the underserved populations of New Mexico, aimed at improving function and quality of life, and empowering patients to take charge of their health.

To offer hands-on learning opportunities for DPT students.

Eligibility

We are accepting patients who meet **ONE** of the following criteria:
- Have run out of visits and are still in need of therapy
- Unable to access appropriate pediatric PT services
- In need of initial PT services but are on a long wait list elsewhere

*Can be seen without a referral only if the child has an official diagnoses made by a physician.*

▷ Please know that your child’s services will be intermittent, such as once every 4-6 weeks, so our focus will be teaching you how to help your child.

Contact Us

Please direct all inquires to:
**Victoria Garcia**  
UNM Division of Physical Therapy Staff

**Phone:** (505)-750-8307  
**Fax referrals to:** 505-925-1143  
**E-mail:** UNMREACH@salud.unm.edu  
**Visit us:** orthopaedics.unm.edu/pt