UNM Carrie Tingley Hospital
Attn: Judith McMullan or Debra Richards
1127 University Blvd. NE
Albuquerque, NM 87102

48th Annual
Carrie Tingley Hospital
Winter Conference
Pediatric Sports Medicine
February 2, 2018
Conference Information
This course is designed to provide a review of current trends in the practice of Pediatric Sports Medicine and Surgery. This conference is intended to update the knowledge base of practicing orthopaedic surgeons, pediatricians, physician assistants and nurse practitioners on diagnosis and treatment of the most common pediatric sports related injuries. We will also cover when patients should be referred to a specialist and the common non-operative treatment modalities that can be prescribed prior to referrals.

Who Should Attend
The conference will be appropriate and recommended for any orthopaedic surgeon, pediatrician, family practice physician, orthotist, or other practitioner who evaluates and/or treats children. Nurses, nurse practitioners, physical therapists, occupational therapists, caregivers, parents/guardians of affected children and physician assistants will find the course material helpful in improving general knowledge.

Objectives
At the conclusion of the course, participants should be able to:
1) Identify children with osteochondral defects and describe the basic treatment modalities.
2) Perform a basic shoulder exam to diagnose basic pediatric shoulder pathology and know when to refer or obtain further imaging.
3) Demonstrate basic physical therapy exercises and stretches for patients that can be taught for injury prevention. Goal is to provide tools for primary care providers that they can do in their own clinics during a routine visit with children and adolescents.
4) Approach back pain in children systematically from physical exam, to imaging, and knowing when to refer to pediatric orthopaedics.
5) Describe and diagnose some of the most common sports related fractures and provide appropriate restrictions to the child until they can get into pediatric orthopaedic fracture clinic.
6) Reassure patients that are in the rehabilitation phase after an ACL of goals and other considerations so that the primary care provider is on the same page as their orthopaedic sports surgeon.
7) Identify patients with or at risk of patellar instability and get them referred early for treatment of limb malalignment or reconstructive surgery.
8) Define hip impingement symptoms, describe physical exam findings, and know what basic imaging to obtain.
9) Provide patients with resources of what adaptive sports are available for children with special needs.

Friday, February 2, 2018
7:30 - 8:00 a.m.  Continental Breakfast and Registration
8:00 - 8:10 a.m.  Welcome and Introductions
Robert Schenck, Jr., MD

Session One: Moderator Selina Silva, MD
8:10 - 8:45 a.m.  Osteochondritis Dissecans of the Knee
Matthew Milewski, MD

8:45 - 8:55 a.m.  Resident Case Presentation
Paul Goodwyn, MD
Shoulder Instability in Children
Andrew Veitch, MD

9:00 - 9:55 a.m.  Resident Case Presentation
Travis Hughes, MD

Break

9:55 - 10:10 a.m.

Pediatric Sports Therapy
Katie Weems, PT and Melissa Neal, PT

Low Back Pain in Active Children
Antony Kallur, MD

10:10 - 11:15 a.m.

Resident case Presentation
Aditi Majumdar, MD

9:30 - 9:40 a.m.

Sports Related Fractures
David Bennett, MD

11:15 - 12:00 p.m.

Lunch
Resident Research Lunch with Visiting Professor
Meeting of the New Mexico Orthopaedic Association

Session Two: Moderator Antony Kallur, MD
1:00 - 1:35 p.m.  ACL Return to Play Considerations in Adolescent Athletes
Matthew Milewski, MD

1:35 - 1:45 p.m.  Resident Case Presentation
Andrew Parsons, MD

1:45 - 2:20 p.m.  Adolescent Patellar Instability
Gehron Treme, MD

2:20 - 2:30 p.m.  Resident Case Presentation
Christopher Shultz, MD

2:30 - 2:45 p.m.  Break

2:45 - 3:20 p.m.  Hip Impingement in the Adolescent Athlete
Dustin Richter, MD

3:20 - 3:30 p.m.  Resident Case Presentation
Andrew Parsons, MD

3:30 - 4:00 p.m.  Research Presentations

Sports for Children with Special Needs
Selina Silva, MD

4:00 - 4:35 p.m.  Resident Case Presentation
Christopher Shultz, MD

4:35 - 4:45 p.m.  Acknowledge Test Winners & Closing Remarks
Visiting Professor
Matthew Milewski, MD
Pediatric Sports Orthopaedics
University of Connecticut
Connecticut Children's Hospital

Course Directors
Selina Silva, MD
Associate Professor
Pediatric Orthopaedics and
Limb Deformity
Department of Orthopaedics & Rehabilitation

Antony Kallur, MD
Associate Professor
Pediatric Orthopaedics and
Spinal Deformity
Department of Orthopaedics & Rehabilitation

Robert Schenck, Jr., MD
Professor & Chairman
Department of Orthopaedics & Rehabilitation

University of New Mexico Faculty, Staff and Residents
David Bennett, MD
Department of Orthopaedics & Rehabilitation

Dustin Richter, MD
Department of Orthopaedics & Rehabilitation

Gehron Treme, MD
Department of Orthopaedics & Rehabilitation

Andrew Veitch, MD
Department of Orthopaedics & Rehabilitation

Katie Weems, PT, and Melissa Neal, PT
Department of Physical Therapy
Carrie Tingley Hospital

Residents
Paul Goodwyn, MD
Department of Orthopaedics & Rehabilitation

Travis Hughes, MD
Department of Orthopaedics & Rehabilitation

Aditi Majumdar, MD
Department of Orthopaedics & Rehabilitation

Andrew Parsons, MD
Department of Orthopaedics & Rehabilitation

Christopher Shultz, MD
Department of Orthopaedics & Rehabilitation

Accreditation
Physicians
This activity has been planned and implemented in accordance with the Essential Areas and policies of the New Mexico Medical Society (NMMS) through the joint providership of The Greater Albuquerque Medical Association (GAMA) and the University of New Mexico Department of Orthopaedics. GAMA is accredited by the NMMS to provide Continuing Medical Education for physicians. GAMA designates this educational activity for a maximum of 7.25 AMA PRA Category 1 Credit(s) ™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses
This activity has been submitted to the New Mexico Nurses Association Accredited Approver Unit for approval to award contact hours. NMNA AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Physical Therapists and Orthotist
The University of New Mexico Department of Orthopaedics has applied for continuing education credit. Approval of this program is pending.

Contact Information
This course is presented by the University of New Mexico Department of Orthopaedics and Rehabilitation in conjunction with the Greater Albuquerque Medical Association. For additional information contact:

UNM Carrie Tingley Hospital
Attn: Judith McMullan or Debra Richards
1127 University Blvd. NE
Albuquerque, NM 87102
Phone: 505.272.5271
Fax: 505.272.6500
http://orthopaedics.unm.edu

For questions regarding program content, contact:
Antony Kallur, MD or Selina Silva, MD
University of New Mexico
Phone: 505.272.5271
Email: akallur@salud.unm.edu or ssilva@salud.unm.edu

Conference Site and Parking
The conference will be held at the Sandia Resort Conference Center located east of the hotel and casino adjoining the golf course. Take exit 234 off of Interstate 25 and head east on Tramway past the hotel and casino. Participants are responsible for their own transportation to and from the conference site.

Parking is free to all attendee’s. The parking lot is located on the west end of the golf and conference facility, east of the hotel.

Participants requiring special accommodations should contact the Department of Orthopaedics as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

How To Register
• On-line at: http://orthopaedics.unm.edu
• Fax Registration 24 hours/day to 505.272.6500
• Mail Registration to: Carrie Tingley Hospital
  1127 University Blvd NE , Albuquerque, NM 87102
  Attn: Judith McMullan or Debra Richards
• Questions? Call 505.272.5271

Program Committee: Gail Case, Jamie Cloyes, CPNP, Greater Albuquerque Medical Association, Lindsay Lannholm, RN, Judith McMullan, Debra Richards, and Ryan Wood

Photo Credit: Andrea little, MD
Registration Fees

Full-time UNM Students and UNM House Officers may attend the conference at no charge. Availability is limited and is on a first-come, first-serve basis. Please enclose a copy of your UNM ID card with your registration form.

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this conference.

All pre-registration requests must be accompanied with payment before confirmations are made. Make check payable to the UNM Department of Orthopaedics. Please mail to the Carrie Tingley Hospital Pediatric Orthopaedics, Attn: Judith McMullan or Debra Richards, 1127 University Blvd NE, Albuquerque, NM 87102

Telephone registrations will not be accepted, however, you can register by fax 24 hours/day to 505.272.6500.

UNM Tuition Remission

All eligible UNM Faculty and Staff may enroll using tuition remission to cover tuition costs listed on the registration form. Properly completed remission forms must accompany the registration form with all required signatures. No refund or credit will be issued for non-attendance. Policy can be found here: http://hr.unm.edu/forms/allforms.php

Cancellation

If you pre-register and cannot attend a 100% refund will be issued to you minus a $40 administrative fee. Conferences are subject to cancellation. In the event this conference is canceled, UNM is not responsible for any airfare, hotel or other costs incurred by participants.

Accommodations

We do not have a block of rooms secure for this conference. However, the Sandia Resort and Casino offers a variety of accommodations on-site. For more information visit www.sandiacasino.com, or call 505.796.7500.