2019 UNM INTERDISCIPLINARY OSTEОLOGY SYMPOSIUM:
MUSCULOSKELETAL HEALTH

Thursday, October 17, 2019

Hyatt Regency
Whyte Room
330 Tijeras Ave NW, Albuquerque, NM 87102
Conference Information
This continuing medical education course regarding musculoskeletal health is designed to identify specific gaps in care.

The University of New Mexico (UNM) Department of Orthopaedics & Rehabilitation proposes a multifaceted continuing medical education course to address identified knowledge and practice-based gaps on the topic of age-related bone disease. This initiative will comprise of a half-day live educational session.

Who Should Attend
We highly encourage attendance of rheumatologists, family medicine physicians, orthopaedic surgeons, pediatricians, physical and occupational therapists, and other practitioners who evaluate and/or treat patients affected by bone disorders. Nurses, nurse practitioners, physician assistants, and allied healthcare professionals will find the course material helpful in improving general knowledge and in treating patients with bone disorders.

Objectives
At the conclusion of the course, participants will be able to:
1. Recognize guideline-based recommendations for osteoporosis screening and bone mineral density testing.
2. Providers will recognize when, who, and how to assess for fracture risk and osteoporosis.
3. Providers will be able to interpret assessment results to develop a patient care plan.
4. Identify the risks and benefits of pharmacological agents for patients with bone disease.
5. Recognize appropriate individualized treatment interventions for at-risk patients, based on evidence-based guidelines and drug safety profiles.
6. Provide patient education and communication to increase shared-decision making.
7. Provide patient education on disease awareness and risks.
8. Identify resources for further education, including non-pharmacological interventions.
9. Develop strategies to increase patient adherence to their care plan.
10. Recognize issues related to patient non-adherence to their care plan.

Thursday, October 17, 2019

1:00 - 1:15 PM  Welcome and Introductions
Robert C. Schenck Jr., MD

1:15 - 1:55 PM  Prevalence, Incidence and Significance of Metabolic Bone Disorders in Spine Disease
Andrew Paterson, MD

1:55 - 2:00 PM  Questions

2:00 - 2:45 PM  Emerging Concepts in Osteoporosis Treatment
Michael Lewiecki, MD

2:45 - 2:50 PM  Questions

2:50 - 3:15 PM  Break and Poster Session

3:15 - 3:55 PM  Fracture Healing and Bone Health
David Chafey, MD

3:55 - 4:00 PM  Questions

4:00 - 4:40 PM  Physical Medicine and Rehabilitation: Future Directions in Musculoskeletal Health
Rebecca Dutton, MD

4:40 - 4:45 PM  Questions

4:45 - 5:10 PM  Closing the Gap in Post-Fracture Care: Fracture Liaison Services and Best Practices
Sheila Acheson, DNP

5:10 - 5:15 PM  Questions

5:15 - 5:30 PM  Closing Remarks and Recognition
Robert Schenck Jr., MD

Presented By:
The University of New Mexico School of Medicine, Department of Orthopaedics & Rehabilitation, and Greater Albuquerque Medical Association (GAMA)
Distinguished Professor
Michael Lewiecki, MD
Director, New Mexico Clinical Research & Osteoporosis Center
Director, Bone Health TeleECHO, UNM Health Sciences Center
Clinical Assistant Professor of Medicine, University of New Mexico Health Sciences Center
Vice President, National Osteoporosis Foundation
President, Osteoporosis Foundation of New Mexico

The University of New Mexico Faculty and Staff
Robert Schenck Jr., MD
Professor & Chairman
Department of Orthopaedics & Rehabilitation

Andrew Paterson, MD
Associate Professor
Physician Champion, Fracture Liaison Service
Department of Orthopaedics & Rehabilitation

Sheila Acheson, DNP
Director, Fracture Liaison Service
University of New Mexico Hospital

Course Directors
Andrew Paterson, MD
Associate Professor
Physician Champion, Fracture Liaison Service
Department of Orthopaedics & Rehabilitation

Sheila Acheson, DNP
Director, Fracture Liaison Service
University of New Mexico Hospital

David Chafey, MD
Associate Professor
Department of Orthopaedics & Rehabilitation

Rebecca Dutton, MD
Assistant Professor
Department of Orthopaedics & Rehabilitation

Program Committee
Gail Case, Greater Albuquerque Medical Association, and Ryan Wood

Accreditation
Physicians and Mid-Level Providers
This activity has been planned and implemented in accordance with the Essential Areas and policies of the New Mexico Medical Society (NMMS) through the joint providership of Greater Albuquerque Medical Association (GAMA) and The University of New Mexico Department of Orthopaedics & Rehabilitation. GAMA is accredited by the NMMS to provide Continuing Medical Education for physicians. GAMA designates this educational activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physical and Occupational Therapists
The University of New Mexico Department of Orthopaedics & Rehabilitation has applied for continuing education credit. Approval of this program is pending.

Contact Information
This course is presented by the University of New Mexico Department of Orthopaedics & Rehabilitation in conjunction with the Greater Albuquerque Medical Association. For additional information contact:

UNM Department of Orthopaedics
Attn: Ryan Wood
1 University of New Mexico
MSC 10 5600
Albuquerque, NM 87131
Phone: 505.272.8745
Fax: 505.272.8098
rwood03@salud.unm.edu

For questions regarding program content, contact:
Andrew Paterson, MD or Sheila Acheson, DNP
The University of New Mexico
Phone: 505.272.4107
Email: apaterson@salud.unm.edu or sacheson@salud.unm.edu

Conference Site and Parking
The conference will be held at the Hyatt Regency Whyte Room 330 Tijeras Ave NW, Albuquerque, NM 87102. Parking is free to all attendees. The parking lot entrance is located on the south end of the building on Copper.

How To Register
♦ Online at: http://orthopaedics.unm.edu
♦ Fax Registration 24 hours/day to 505.272.8098
♦ Mail Registration to: UNM Department of Orthopaedics & Rehabilitation, 1 University of New Mexico MSC 10 5600, Albuquerque, NM 87131 Attn: Ryan Wood
♦ Questions? Call 505.272.8745

Participants requiring special accommodations should contact the Department of Orthopaedics & Rehabilitation as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.
Registration Fees

Full-time UNM students and UNM house officers may attend the conference at no charge. Availability is limited and is on a first-come, first-serve basis. Please enclose a copy of your UNM ID card with your registration form.

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this conference.

All pre-registration requests must be accompanied with payment before confirmations are made. Make check payable to the UNM Department of Orthopaedics. Please mail to the Carrie Tingley Hospital Pediatric Orthopaedics, Attn: Ryan Wood, 1 University of New Mexico MSC 10 5600, Albuquerque, NM 87131.

Telephone registrations will not be accepted; however, you can register by fax 24 hours/day to 505.272.8098.

UNM Tuition Remission

All eligible UNM faculty and staff may enroll using tuition remission to cover tuition costs listed on the registration form. Properly completed remission forms must accompany the registration form with all required signatures. No refund or credit will be issued for non-attendance. Policy can be found here: http://hr.unm.edu/forms/allforms.php.

Cancellation

If you pre-register and cannot attend, a 100% refund will be issued to you minus a $40 administrative fee. Conferences are subject to cancellation. In the event this conference is canceled, UNM is not responsible for any airfare, hotel, or other costs incurred by participants.

Accommodations

We do not have a block of rooms secure for this conference; however, the Hyatt Regency offers a variety of accommodations on-site. For more information visit www.hyatt.com or call 505.842.1234.

Register Online At:
http://orthopaedics.unm.edu

Method of Payment

__ Check __UNM Tuition Remission __MasterCard __ Visa__ Amex

Credit Card Number: ____________________________

Exp. Date: ___________ Amount: ____________________________

Cardholder’s Signature: ____________________________

Make checks payable to UNM Department of Orthopaedics and mail it along with completed registration to: UNM Department of Orthopaedics, 1 University of New Mexico MSC 10 5600, Albuquerque, NM 87131 Attn: Ryan Wood. Fax registrations will be accepted 24 hrs/day at: 505.272.8098. UNM faculty and staff please send this form along with your completed and signed tuition remission form.